



**Debra J. Gawrych, MBA** is the CEO and founder of Common Boundaries, a company devoted to encouraging and improving communications through self-awareness. She is a nationally known speaker and facilitator who has appeared on numerous television and radio shows. Debra gives programs and works with a broad client base: corporations, non-profit organizations and universities. She has been actively promoting the idea of effective communication and personal leadership for more than twenty years. Corporate experience includes leadership and management consulting, system sales, systems analysis and design, trading floor investments, and executive coaching.

After several years of working with Staub Leadership Consultants, she decided to start her own company to bring the idea of leadership to a more personal level. She is currently promoting her first book, *The Seven Aspects of Sisterhood: Empowering Women Through Self-Discovery* and is in the process of finishing her next book, *Lead From the Inside Out*, which is already available on CD as an audio book. *Lead From the Inside Out* was produced by Emmy-award winning radio-TV personality Monica Pierre. Debra engages her clients to discover their authentic selves in order to take charge of their lives to achieve their highest potential. Through personality assessments, dynamic experiential work on vision and purpose, as well as respectful confrontation and resonance models, clients come away with practical tools and are inspired to courageously use these tools in their daily lives.

Debra is also working on a fiction book with the focus of empowering early teens in middle-school or early high school called *Gutsy Girls*. Set against the backdrop of extreme sports and summer camp, the girls learn to overcome adversity, deal with peer pressure and combat stereotypes as well as judgment from each other. As an athlete, Debra is motivated to teach the idea of sports to young women as a tool to find balance between their emotions and the physical changes they experience during adolescence. She teaches girls valuable lessons about conflict resolution, the value of learning by making mistakes, and participating in sports as a part of overall wellness, not just a vehicle to drive girls to excess.

Debra is in demand, as a consultant and speaker for keynote addresses and conducts programs on using knowledge of personality type to discover personal and professional leadership skills. Recent programs were about "Be a Person of Influence: Radiate Possibilities" to a large women's networking conference for Procter & Gamble, GE and Corning Precision Lens, "Personality and The Roles We Play" and "Learning and Leading in a World of Contradictions."

She has been quoted in numerous newspaper and magazine articles; *Today's American Woman*, *The Business Journal*, *BizLife*, *ForeWord Magazine*, *Cincinnati Enquirer*, most recently on issues of women in leadership and networking.

She has an MBA as well as an undergraduate degree in Speech Pathology and Audiology with a concentration in psychology and is certified in use of the Myers-Briggs Type Indicator®. She is on the advisory board of several networking and leadership companies and is actively championing the empowerment of women through her national tour of giving programs to women in battered women shelters. Debra writes about finding balance in a turbulent world, which she understands well, trying to raise three children with her husband in Greensboro, North Carolina.

Current clients:

Barnes & Noble  
Leadershape  
Miami University  
P & G  
Aetna Healthcare

Girl Scouts  
Appalachian State University  
Case Western Reserve  
GE  
Wake Forest University

University of NC at Greensboro  
American Business Women's Assn.  
Mary Kay Inc.  
Corning Precision Lens  
Battered Women's Shelters nationwide